

Dated: 24<sup>th</sup> April, 2020.

**Subject:** 'Ayush health promotion product' for commercial manufacturing by Ayurveda, Siddha and Unani drug manufacturers- reg.

Considering the importance of immunity boosting measures in the wake of COVID -19 outbreak, Ministry of AYUSH intends to promote the use of following ready-made Ayush formulation in the interest of health promotion of the masses, which has been endorsed by the Hon'ble Prime Minister during his address to the nation on the Constitution Day, 14<sup>th</sup> April, 2020. The formulation comprises of-

i)	Tulsi (Ocimum sanctum)	Leaves	4 parts
ii)	Dalchini (Cinnamomum zeylanicum)	Stem bark	2 parts
iii)	Sunthi (Zingiber officinale)	Rhizome	2 parts
iv)	Krishna Marich (Piper nigrum)	Fruit	1 part

2. Method of preparation and use: Take all the ingredients in dry form as per standards laid down in Ayurvedic Pharmacopoeia and make coarse powder. Make sachets or tea bags each of 3 grams of powder or 500 mg. tablet of aqueous extract, to be consumed like tea or hot drink by dissolving in 150 ml of boiled water, once or twice daily. Gud (Jaggery) / Draksha (Raisins) and/or Lemon Juice can be added while consuming the formulation.

3. The formulation may be manufactured and sold in generic name as 'Ayush Kwath' or 'Ayush Kudineer' or 'Ayush Joshanda'.

4. State/UT Governments are hereby requested to direct the AYUSH Licensing Authorities to consider granting license/approval for manufacturing of above-mentioned formulation to the interested licensed Ayurveda / Siddha /Unani drug manufacturers in accordance with the provisions of Drugs & Cosmetics Rules, 1945.

Adviser (Ay.) and Head, Drugs Policy Section

To

Principal Secretaries/Secretaries (Health/AYUSH) of all States/UTs.

Copy to:

- i) All State/UT Licensing Authorities and Drug Controllers of AYUSH
- ii) ASU Drug Manufacturers